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| Aquatics Class - Day 2 Syllabus Date | Lesson Focus | Materials Needed |
| TUESDAY 1/21/20 | ORIENTATION |  |
| THURSDAY 1/23/20 | SWIM LESSON | SWIM MATERIALS |
| MONDAY 1/27/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| WEDNESDAY 1/29/20 | WATER SPORT | SWIM MATERIALS |
| FRIDAY 1/31/20 | LAP SWIM | SWIM MATERIALS |
| TUESDAY 2/4/20 | “DRY LAND” | PE CLOTHES |
| THURSDAY 2/6/20 | SWIM LESSON | SWIM MATERIALS |
| MONDAY 2/10/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| WEDNESDAY 2/12/20 | WATER SPORT | SWIM MATERIALS |
| FRIDAY 2/14/20 | LAP SWIM | SWIM MATERIALS |
| THURSDAY 2/20/20 | LESSON | SWIM MATERIALS |
| MONDAY 2/24/20 | “DRY LAND” | PE CLOTHES |
| WEDNESDAY 2/26/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| FRIDAY 2/28/20 | WATER SPORT | SWIM MATERIALS |
| TUESDAY 3/3/20 | LAP SWIM | SWIM MATERIALS |
| THURSDAY 3/5/20 | LESSON | SWIM MATERIALS |
| MONDAY 3/9/20 | “DRY LAND” | PE CLOTHES |
| WEDNESDAY 3/11/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| FRIDAY 3/13/20 | WATER SPORT | SWIM MATERIALS |
| TUESDAY 3/17/20 | WATER SAFETY | SWIM MATERIALS |
| TBA | MIDTERM??? | SWIM MATERIALS |
| TBA | MIDTERM??? | SWIM MATERIALS |
| MONDAY 3/23/20 | LAP SWIM | SWIM MATERIALS |
| WEDNESDAY 3/25/20 | LESSON | SWIM MATERIALS |
| FRIDAY 3/27/20 | “DRY LAND” | PE CLOTHES |
| TUESDAY 3/31/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| THURSDAY 4/1/20 | ½ DAY GYM | PE CLOTHES |
| MONDAY 4/6/20 | LAP SWIM | SWIM MATERIALS |
| WEDNESDAY 4/8/20 | LESSON | SWIM MATERIALS |
| MONDAY 4/20/20 | “DRY LAND” | PE CLOTHES |
| WEDNESDAY 4/22/20 | RECREATIONAL SWIM | SWIM MATERIAL |
| FRIDAY 4/24/20 | WATER SPORT | SWIM MATERIALS |
| TUESDAY 4/28/20 | LAP SWIM | SWIM MATERIALS |

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| Date | Lesson Focus | Materials Needed |
| THURSDAY 4/30/20 | LESSON | SWIM MATERIALS |
| MONDAY 5/4/20 | MASK/FINS/SNORKEL | SWIM MATERIALS |
| WEDNESDAY 5/6/20 | “DRY LAND” | PE CLOTHES |
| FRIDAY 5/8/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| TUESDAY 5/12/20 | WATER SPORT | SWIM MATERIALS |
| THURSDAY 5/14/20 | LAP SWIM | SWIM MATERIALS |
| MONDAY 5/18/20 | LESSON | SWIM MATERIALS |
| WEDNESDAY 5/20/20 | ½ DAY GYM | PE CLOTHES |
| FRIDAY 5/22/20 | WATER SPORT | SWIM MATERIALS |
| WEDNESDAY 5/27/20 | LAP SWIM | SWIM MATERIALS |
| FRIDAY 5/29/20 | RECREATIONAL SWIM | SWIM MATERIALS |
| TUESDAY 6/2/20 | LESSON | SWIM MATERIALS |
| THURSDAY 6/4/20 | WATER SPORT | SWIM MATERIALS |
| TBA | FINAL EXAM | SWIM MATERIALS |
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